

Recruiting Process

Below is a list of recruiting steps most college coaches take in contacting a prospective student-athlete. One thing to keep in mind is that each coach has his/her own style or approach to recruiting.

Evaluating Your Athletic Ability

- Some coaches begin evaluating your skill before your Junior and Senior year.
- Most coaches keep a list of possible recruits year after year.
- Invite a college coach to come evaluate your skills
- Have a college coach evaluate you through a DVD or on-line film.
- The college coach can also call your high school or AAU coach for an evaluation.

Scouting Your Athletic Event

- College coaches like to make a list of athletes they would like to watch.
- You can invite a coach to your event by writing an introductory letter or videotape.
- Having a college coach attend your event is a real honor. Their time is very limited; you should feel appreciative if a coach attends your event.

Personal Letters

- Coaches can begin sending letters to you beginning on September 1 of your junior year. (NCAA D1 and D2)
- You can also begin writing a letter of your own to coaches to introduce yourself or use the Iowa Prep CPN.

Phone Calls + Emails + Social Media

- Phone calls vary by College Division (refer to NCAA.org Eligibility & Recruiting for details)
- One thing to keep in mind is that when you are contacted by phone, are you ready to ask questions?
- You will want to be prepared to make a good impression.
- Be responsible with your Twitter and Facebook accounts, they will get monitored!
- Be yourself!

In-Person Contact

- NCAA has restrictions based on College Division on when college coaches can make visits. (refer to NCAA.org Eligibility & Recruiting for details)
- College coaches like to meet your parents and siblings and form a quality relationship with your family.

Campus Visits

- Being on campus will give you a good opportunity to evaluate the college.
- Meeting the Team is one of the most important aspects of a campus visit.
- College coaches like to evaluate your personality and social skills with the team members.

Letter of Offer

- If a coach offers you a scholarship, the offer is yours until you make a decision
- Feel free to discuss this offer with your parents or you can call the coach the following day.
- College coaches typically do not want to wait long for a response.