

GUARDS AND POST CAMP

**GIRLS AND BOYS GRADES
4TH - 12TH (SPRING 2021)**

JUNE 6TH 2021

GIRLS AND BOYS 4TH - 7TH 9:00AM - 12:00PM

GIRLS AND BOYS 8TH - 12TH 1:00PM - 4:00PM

AT GAME ON 380 SPORTS COURTS

4625 Tower Terrace Rd. NE, Cedar Rapids, IA

\$48 Per Person

- Skill Efficiency- low and high posts. Productive Foot Work.
- Individual post moves.
- PG mentality and moves off the move.
- Reading defenses and decision making.
- Establishing post position. Passing into the post.
- The three key ingredients of every successful shooter.
- How to efficiently execute the screen and role.

Clinician : Jamie Smith
Head Girls Varsity Coach - Solon HS

Questions?
Jacob Misener
Program Director
jmisener@tnt5basketball.com
(319) 521.6995

